



# *Spring-for-SIDS*

## *Family & Friends Program*

### Instructions

Thank you for your interest in participating in the National *Spring-for-SIDS* Campaign. You along with your family and friends are joining thousands of others across the country in the fight against Sudden Infant Death Syndrome. The Family & Friends Program is a *SFS* Option that allows individuals to sponsor a *SFS* event even if they do not have an organization in which to base the event. This program is especially good for stay-at-home moms and small business owners with 20 or fewer employees. Since you prepay for the cards/stickers, there is no paperwork required.

1. Decide how many stickers you will need.
2. Go to [www.springforsids.org/get\\_involved\\_friends\\_and\\_family\\_SFS\\_program.php](http://www.springforsids.org/get_involved_friends_and_family_SFS_program.php)
3. Order 1 or more *Family & Friends SFS* packets.
4. For each \$100 donation, you will receive one *SFS* packet. Each packet contains 20 *SFS* cards with stickers attached.
5. Pay with either a credit card or Paypal.
6. Your packet(s) will arrive in early March.
7. Download the *Family & Friends SFS Program Sample Announcement* which is an MSword file. Edit the file by inserting your own information in the sections that are in red. Then print as many copies as you will need.
8. Before April 18 (*SFS* Day), provide a copy of the flyer along with a *SFS* card/sticker to each of your participants.
9. Then on April 18, you and your friends will join with thousands of others by wearing your casual spring outfits and your *SFS* stickers.